



My Dear LSPS Students,

30th September, 2025



New Academic Year 2025-2026

As the new academic year begins, I want to take a moment to extend a heartfelt welcome back to each and every one of you! I hope you've had a wonderful break filled with joy, relaxation, and perhaps a few adventures.

This year is an exciting opportunity for growth, learning, and connection. Whether you're returning or joining us for the first time, I want you to know that you are an important part of our school community. Each of you brings unique talents, perspectives, and energy that enrich our environment.

Our dedicated teachers and staff are here to support you. Let's make this year memorable—filled with laughter, learning, and lasting friendships. Let us work together to create an atmosphere where everyone feels valued and inspired.





Setting SMART Goals



To help you make the most of this academic year, we encourage you to set SMART goals. Here's a quick breakdown of what SMART stands for:

Specific:

Define your goal clearly. What do you want to achieve? For example, instead of stating that you want to study more, be more specific. For example, you can state that you want to study for at least 8 hours a week.

Measurable:

Include criteria to measure your progress. How will you know when you've achieved your goal? Setting criteria can help you track your progress.

Achievable:

Ensure that your goal is realistic and attainable. A good goal is challenging yet possible.

Relevant:

Your goal should matter to you. Ask yourself how this goal fits into your long-term plans.

Time-bound:

Set a deadline for your goal. A timeframe creates a sense of urgency and helps keep you focused.



Tips for Success



1

Write Down Your Goals

When you write your goals down, you are more likely to remember it than if you just think about it. This can help you to stay focused and create a sense of accountability for yourself.

2

Regularly Review Your Goals

Set aside time each week or month to review your progress. You may need to adjust your strategies to achieve your goals when necessary.

3

Stay Flexible

Be open to modifying your goals as you encounter new challenges and opportunities.

4

Seek Support

Do reach out to teachers, family or friends for guidance and encouragement.

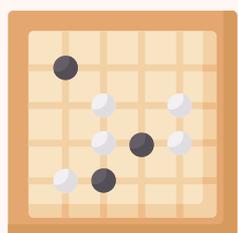
As you set your SMART goals, remember that it's not just about achieving results but also about the growth and learning that come with the process. You are most welcome to share your goals with me by writing a letter. My letterbox is outside the School Office. I will reply to your letters as soon as possible.

We here at La Salle Primary School wish all of you a successful and wonderful academic year ahead!



Student Achievements

In the 第二十屆香港校際圍棋大賽 held on 5th May 2025, our Chess Team got the champion in the 高小一組 category. Congratulations to the team!



Team Captain: Lam Yat Hei (6A)

Vice Captain: Zhu Zhenfeng (6C)

Third Captain: Hui Hon Lam (6A)



The Hong Kong Go Association of China announced the establishment of a 20-member youth representative team and held an inauguration ceremony. 6A Lam Yat Hei was one of the representatives. Congratulations to Yat Hei!

School Opening Assembly

(3rd September 2025)

After the long summer break, we gathered together at the School Hall to start our new academic year. Remember to be Lasallian Gentlemen in your deeds, thoughts and manners. Be kind to one another. Stay strong and take adequate rest, maintain strong relationships with family and friends, be resilient when things get challenging and remember to take time to relax.



Congratulations to **6B Luk Ching Kiu** and **6E Wong Sze Chai** as they have been selected to lead the group of prefects. We also welcomed new staff to our Lasallian family.



Let's work hard and embrace the new school year with passion and determination.

PTA JOINT CLUB ORIENTATION & DEMO CONCERT

(6th September 2025)

Students and parents could get more information about various clubs and different musical instruments during the PTA Joint Club Orientation and Demo Concert.



We would like to express our gratitude to the PTA and all the parent helpers for their wonderful support to our students and the School.



School Opening Mass

(19th September 2025)

We were delighted to have Father Chung to celebrate the School Opening Mass with us. It was a wonderful and inspiring sermon.



Mid-Autumn Festival

(adapted from discoverhongkong.com)

The Mid-Autumn Festival has always been one of the most significant events in the Chinese cultural calendar. Also known as the Mooncake Festival or Moon Festival, Mid-Autumn is celebrated on the full moon day — the 15th day of the eighth lunar month. In 2025, the Mid-Autumn Festival falls on 6 October.

Mid-Autumn is a festival of many customs. Traditionally, Chinese people will express gratitude to the moon and celebrate the bountiful harvest of their crops. It is also an occasion to pray for better luck and engage in moon gazing. More importantly, the Mid-Autumn Festival emphasises the importance of family. It is a time when families come together to enjoy meals, admire the full moon, and share mooncakes. We wish you all a Happy Mid-Autumn Festival



Prayer



Dear God,

It's that time of year again.
Summer vacation was too short.
Thank you for those days.

As I begin a new school year I
ask for your blessing.

Bless our studies and bless the
students.

May each day of learning make
me a caring, loving person.



Amen

~SR. Joan Polak, ND

St. John Baptist De La Salle,
Pray for us.
Live Jesus in our hearts,
Forever!

